



THE SENSORY MOTOR MATRIX

THIS WEBINAR WILL OFFER SIMULTANEOUS TRANSLATION IN HEBREW.

RECOVERING FROM DYSREGULATION AND TRAUMA THROUGH THE POWER OF THE SENSES



THE CLIENT, THE ATTUNED THERAPIST, THE EXPERIENCE, AND THE TOOLS

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SUPERVISOR



somahealingcenter.com

A ZOOM WEBINAR FOR
THERAPISTS, EDUCATORS, MENTAL
HEALTH, ANTHROPOSOPHICAL
COMMUNITY AND MEDICAL
PROFESSIONALS
SPACE IS LIMITED

This Zoom Webinar is designed to educate practitioners working in the trauma spectrum on incorporating sensory-based techniques to promote embodiment and heal the nervous system. The exercises will be held in breakout rooms and demos will be conducted by the presenter.

Sensory Processing inadequacies are the core of disruption in the integration, and meaning of sensory messages from all the body's senses, impacting perception and the sense of Self. It is recognized as a major contributor to impaired self-regulation among children and adults. It is commonly present in behavioral disorders, including anxiety disorder, depression, addictions, posttraumatic stress disorder, ADHD, AFD, and learning disabilities. It represents the brain-based substrate for the development of the syndromes of Complex Trauma to include auto-immune disorders. It contributes to many poorly understood medical disorders (chronic pain, irritable bowel, sleeping disorders, etc.)

This is a theoretical and experiential webinar. We will be exploring art, movement, poetry, and rhythmical activities. Case studies will be shared. We will be encouraging co-regulation and co-creation in the healing process.

WEBINAR OBJECTIVES

- Learn the clinical implications of sensory processing when treating dysregulation and trauma
- Learn how to apply the Sensory Matrix Model for tracking and regulating the nervous system as it organizes and heals
- Learn how to use the SSP (Safe and Sound Protocol) for treating complex trauma - SEGAN model

About the instructor:

Ana is an Occupational Therapist (OTR) who has developed her studies in the areas of Anthroposophy, Sensory Processing Disorder (SPD), Somatic Experiencing, Safe and Sound Protocol (SSP), and Brainspotting. She has over 38 years of experience working in hospitals and schools, and runs a flourishing private practice in Boulder, CO. Ana also teaches internationally, including training in Europe, Canada, Brazil, Alaska, and the U.S. She has co-taught with Dr. Robert Scaer, author of *The Trauma Spectrum*, and has worked directly with Dr. Peter Levine, the developer of Somatic Experiencing. Ana works with indigenous cultures on the subject of healing trauma. Ana is able to address the nuances of processing sensory input in order to create coherence in the nervous system and promote healing.

Schedule

You will be able to attend the entire webinar or segments of your interest.

March 15th: 17:00 to 21:00. We will cover the Polyvagal Theory and will be utilizing the Matrix of Regulation for healing conditions of a compromised Nervous System. This is a mandatory day for all attendees.

March 16th: 15:00 to 21:00. We will cover the early childhood population and how the organization of touch, movement, sense of warmth, sight, hearing, smell, etc., can assure safety with self, others, and the world.

March 17th: 15:00 to 21:00. We will explore mental and physical health conditions that carry impaired sensory processing skills, contributing to fear, anxiety, depression, and PTSD.

March 18th: 15:00 to 21:00. We will review dissociation and learn how the SSP (developed by Dr. Porges) can support the client with staying in the present moment. We will be exploring the SEGAN, a method to help you track the client's psychodynamic process as they become regulated.

Group supervision included for registered participants:

Supervision credits for SE students will be provided

March 18th: Hours are 19:30 to 21:00.

Registration:

Advanced registration is required. You can register for two or more days of the webinar. The early bird special pricing offer is ending on 10/02/21.

Two days: 800 NIS

Three days: 1100 NIS

Four days: 1400 NIS

Supervision session: 100 NIS (You must attend the webinar in order to participate). A 0.5 credit for SE students is available.

The amount of 300 NIS is required for reservations by 10/02/21. Cancellations before 15/02/21 will be reimbursed half of the registration fee. After 15/02/21 price will increase by 20% and refunds will no longer be available. A minimum number of participants is required.

PAYMENT

Paybox: 054-4829399

or

Bank account: Binleumi Bank, Raanana Branch No. 092.

Account name Gina Ross/S.E. Israel, No. 245062

Please add your name and reference to Ana Do Valle. Please include a photocopy of the transfer, as we need it to create an invoice.

For registration and additional information please contact:

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